

# 2017 Winter Exam Schedule

## Exams you are taking Thursday:

- 1<sup>st</sup> period
- 2<sup>nd</sup> period
- 4<sup>th</sup> period
- 7<sup>th</sup> period

## Exams you are taking on Friday:

- 3<sup>rd</sup> period
- 5<sup>th</sup> period
- 6<sup>th</sup> period

### **Tips to help you prepare for your exams!**

- GET YOURSELF ORGANIZED- Clean up your study area before you start.
- BE PREPARED- Get all of your materials and supplies together.
- STUDY YOUR WEAKEST SUBJECT FIRST- it will require more time.
- DO THE REVIEW SHEET- the review sheet is very close to the questions on the exam or create notes on the review sheet if it is not set up in question form.
- MAKE UP YOUR OWN TEST QUESTIONS or FLASHCARDS- make up multiple choice questions of your own from the review sheet.
- REVIEW IN A GROUP-this is a great option if you can focus and not get off topic. Another person's understanding may help you remember.
- REVIEW REGULARLY- simply staring at the words won't help. Review in sections at least three times.
- ASK FOR HELP BEFORE THE TEST- clarify with your teachers any information you still don't understand. You have to KNOW that you don't know something BEFORE the exam which means you better have studied.
- GET A GOOD NIGHT'S SLEEP- pulling an all-nighter will reduce your ability to concentrate. Plan ahead.
- EAT WELL AND HEALTHY- Have a healthy breakfast before exams to keep you going.
- TAKE BREAKS- a 10 minute break to re-energize will help immensely. (Run or exercise, play with your pet, shut your eyes, listen to music)